

#### ABSTRACT OF THE DISCLOSURE

There is provided an ink head and an ink head recording head that is capable of removing dust therein relatively easily and reliably, and a method for removing dust from the head, the ink jet head comprises a plurality of chambers 17 communicating with nozzle apertures 23 and an ink chamber 20 for supplying ink to the chambers 17, and which changes the capacity of the chambers 17 to discharge the ink contained in the chambers 17 through the nozzle apertures 23, the ink jet head comprising a passage forming member 12 having an ink supply passage 26 constituting a part of a passage that connects an ink storage means storing ink therein to the ink chamber 20, the passage forming member 12 having at least one communicating passage 27 capable of discharging the ink contained in the ink chamber.